

WORLD DIABETES DAY REPORT

Organized by: Amaltas Institute of Nursing Sciences, Bangar, Dewas

Department: Medical-Surgical Nursing

Date: 14 November 2025

Time: 12:00 noon to 1:00 pm

Introduction

World Diabetes Day is observed globally on 14th November to raise awareness about diabetes, its prevention, and early detection. To mark this occasion, the Department of Medical-Surgical Nursing, Amaltas Institute of Nursing Sciences, Bangar Dewas, organized an awareness and screening program for students.

Objectives of the Program

- To create awareness regarding diabetes and its risk factors.
- To educate students about the importance of early detection.
- To assess random blood sugar levels among participants.

Program Highlights

The event commenced at 12 noon with a brief introduction on the significance of World Diabetes Day. Faculty members from the Medical-Surgical Nursing Department addressed the gathering and explained the rising burden of diabetes in India, preventive strategies, lifestyle modifications, and the importance of regular monitoring.

Following the awareness session, a **random blood sugar level screening** was conducted using a **Blood Glucometer**. Students actively participated in the event and approximately all attendees underwent screening.

Activities Conducted

1. Health Education Session:

- Meaning and types of diabetes
- Warning signs and complications
- Role of diet, exercise, and regular screening

2. Random Blood Sugar Testing:

- Students' random blood sugar (RBS) levels were checked.
- Values were recorded systematically for future reference and follow-up if needed.

3. Interactive Discussion:

- Students clarified doubts related to diet, lifestyle, and symptoms.

Outcome of the Program

- The program increased awareness among students about diabetes and its prevention.
- Students gained practical exposure to blood glucose monitoring.

- The recorded RBS levels will help identify individuals at risk and encourage timely medical consultation.

Conclusion

The event was successful and witnessed enthusiastic participation from students. The Department of Medical-Surgical Nursing played a significant role in organizing an informative and beneficial program. The initiative contributed to promoting health awareness and preventive practices among the student community.


Principal,
Amaltas Institute of
Nursing Sciences
Bangur, Dewas

Amaltas Institute of Nursing Sciences

Department of Medical Surgical Nursing



Amaltas University

■ INVITATION ■

Celebration of World Diabetes Day 2025

Dear Students and Faculty

On the occasion of **World Diabetes Day**, we cordially invite you to join us in spreading awareness about diabetes prevention, early detection, and healthy lifestyle practices.

■ **Date:** 14th November 2025

■ **Time:** 12:00 NOON – 1:00 PM

■ **Venue:** FON Lab, 5th Floor, Nursing College

■ Highlights of the Event:

- Free Random Blood Glucose Testing
- Health Education Posters and Demonstrations
- Guidance on Diet and Lifestyle Modifications

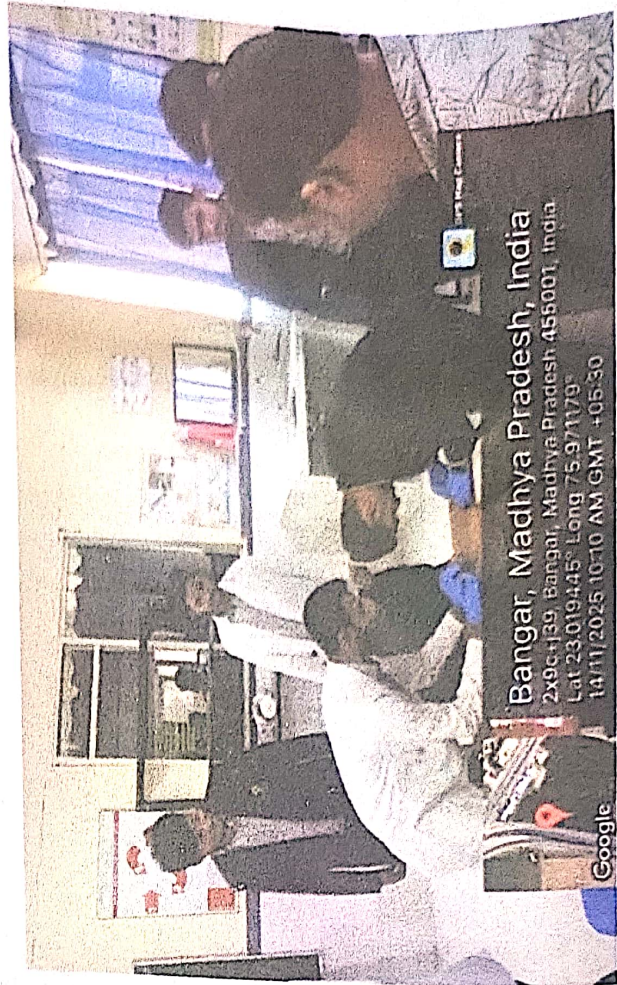
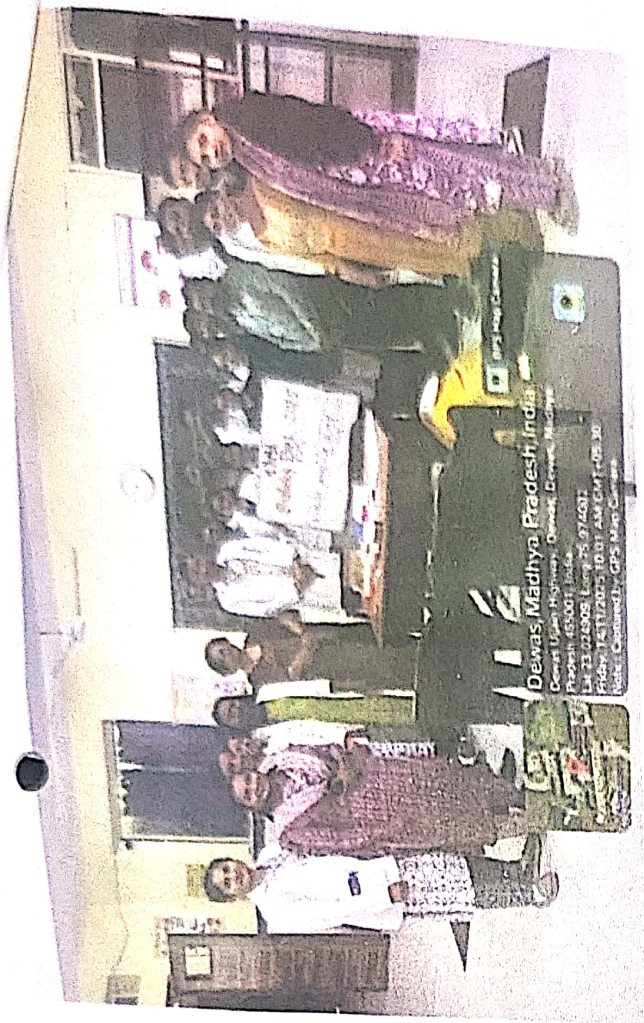
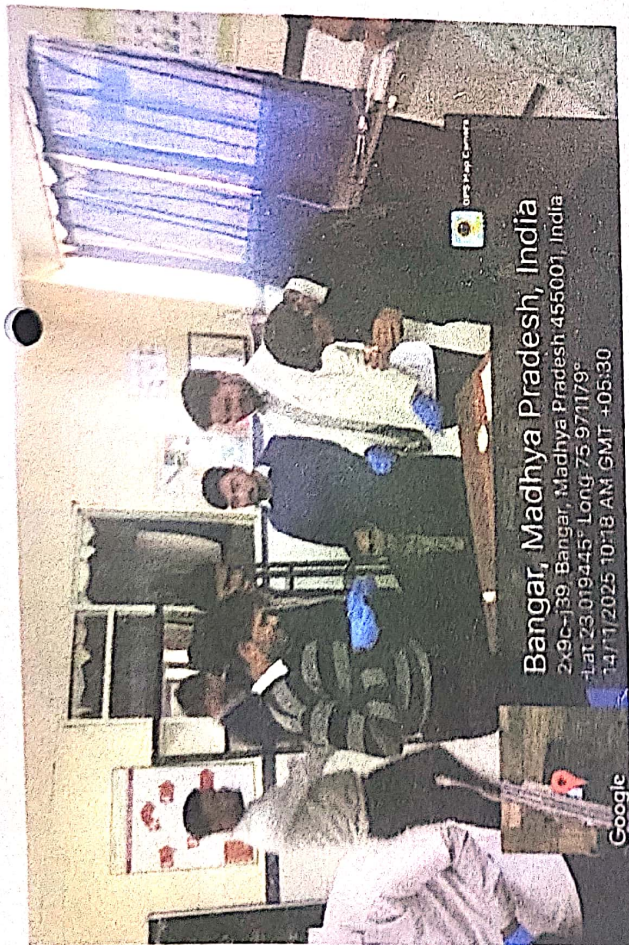
Let us come together to promote health and create awareness to fight against diabetes.

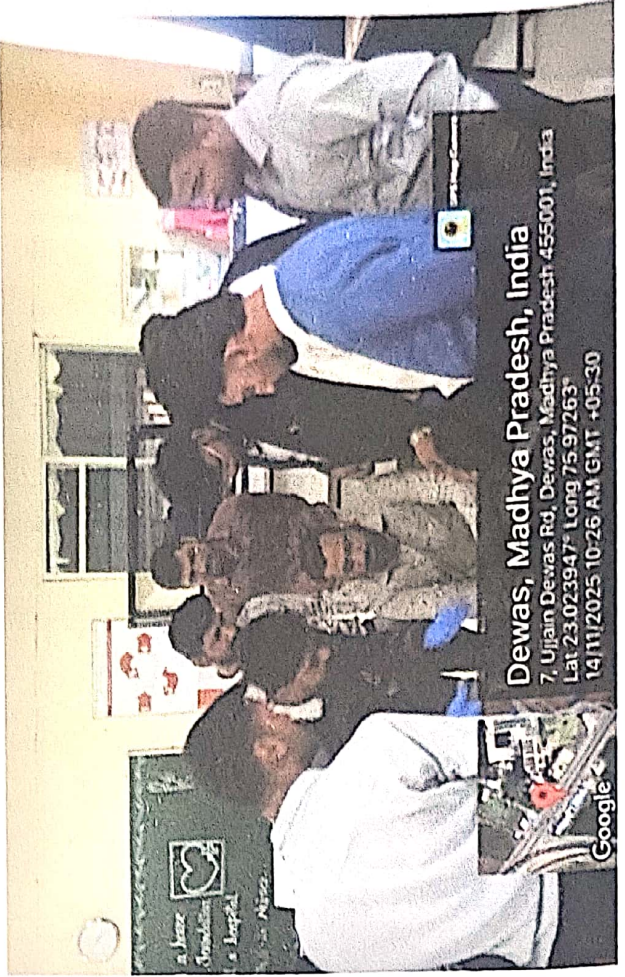
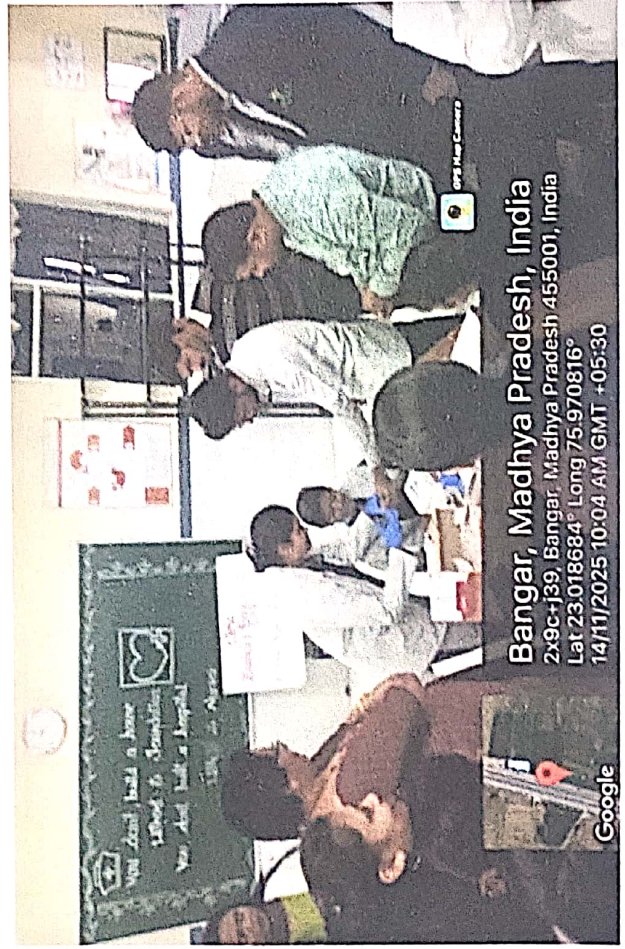
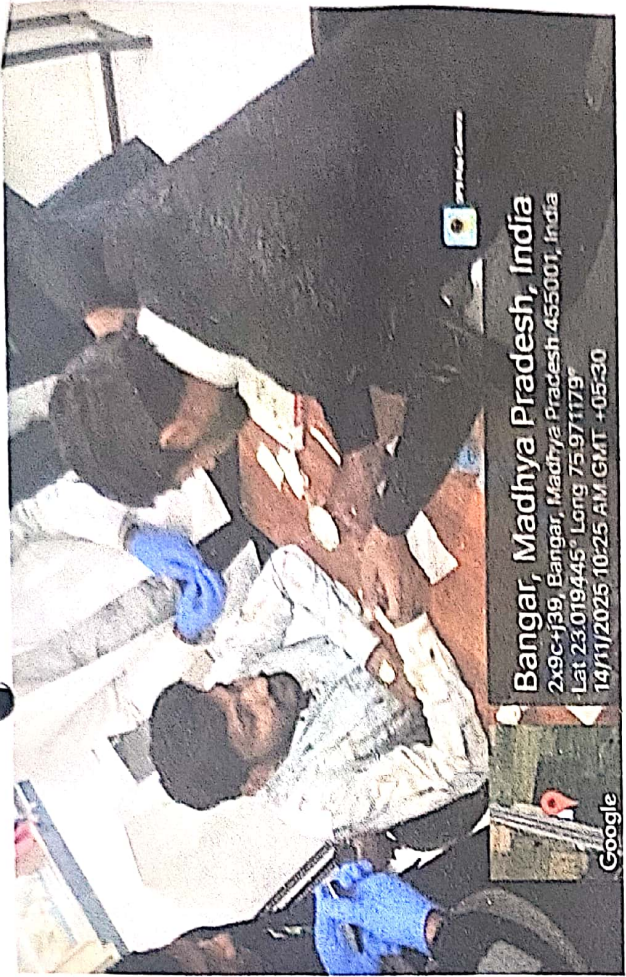
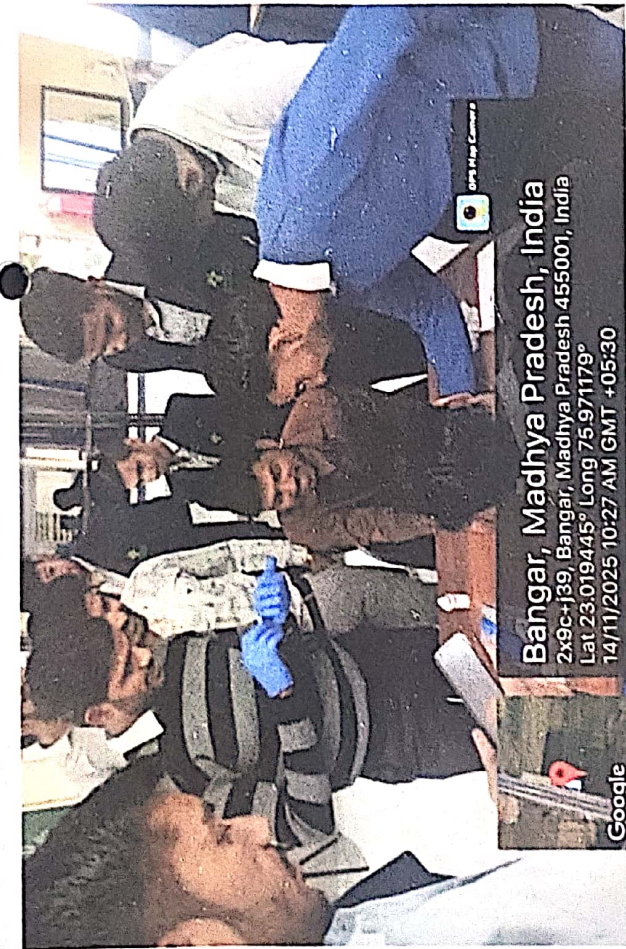
We look forward to your active participation!

With warm regards,

Principal & Faculty

Amaltas Institute of Nursing Sciences





AMALTAS INSTITUTE OF NURSING SCIENCES
WORLD DIABETIC DAY
RANDOM BLOOD SUGAR TESTING

Sl. No.	Name of Candidate	Course	Year	Random Blood Sugar Level	Remark
1	Miss Sanku	Faculty		95 mg/dl	
2	Dr. Pooja Chandra	—		100 mg/dl	
3	Miss Roshika	—		102 mg/dl	
4	Miss Rinku	—		117 mg/dl	
5	Miss Nagina	—		117 mg/dl	
6	Dr. Sagarika Man	Principal	ATNS	122 mg/dl	
7	Mrs. Subha Man	Faculty		114 mg/dl	
8	Mr. Deepak Sir	NS		101 mg/dl	
9	Dr. Sneha Man	Faculty		94 mg/dl	
10	Dr. Pooja Sir	Faculty		102 mg/dl	
11	Miss Aniket Man	Faculty		97 mg/dl	
12	Shivani Chauhan	BSc(N) 4th yr.		94 mg/dl	
13	Aayush	BSc(N) 4th yr.		100 mg/dl	
14	Devenabha	BSc(N) 4th yr.		87 mg/dl	
15	Imshah	BSc(N) 1st yr.		129 mg/dl	
16	Pradeep	BSc(N) 4th yr.		106 mg/dl	
17	Vanshika	BSc(N) 1st yr.		126 mg/dl	
18	Durga	BSc(N) 1st yr.		100 mg/dl	
19	Shushila	BSc(N) 1st yr.		102 mg/dl	
20	Pratik	BSc(N) 4th yr.		144 mg/dl	
21	Aarti	BSc(N) 1st yr.		95 mg/dl	
22	Rinky	BSc(N) 4th yr.		97 mg/dl	
23	Kushboo	BSc(N) 1st yr.		97 mg/dl	
24	Sidhant	BSc(N) 1st yr.		98 mg/dl	
25	Sheetal	BSc(N) 1st yr.		100 mg/dl	

Sl. No.	Name of Candidate	Course	Year	Random Blood Sugar Level	Remark
26	Krishna	Bsc(N)	1st yr	109 mg/dL	
27	Prachi	Bsc(N)	1st yr	110 mg/dL	
28	Saloni	Bsc(N)	1st yr	120 mg/dL	
29	Arun	Bsc(N)	1st	96 mg/dL	
30	Sonu	Bsc(N)	1st	113 mg/dL	
31	Ritesh	Bsc(N)	1st	103 mg/dL	
32	Bindu	Bsc(N)	1st	111 mg/dL	
33	Yogendra	Bsc(N)	1st yr	105 mg/dL	
34	Aakshish Bakend		1st	109 mg/dL	
35	Varsha		1st	107 mg/dL	
36	Hitesh		1st	104 mg/dL	
37	Sanskriti		1st	106 mg/dL	
38	Krishnmohan		4th	96 mg/dL	
39	Deepika		4th yr	109 mg/dL	
40	Vishal Mukati		4th	99 mg/dL	
41	Anam		4th	103 mg/dL	
42	Abhishek		4th	84 mg/dL	
43	Sonu		4th	121 mg/dL	
44	Minal		4th	112 mg/dL	
45	Satish		4th	95 mg/dL	
46	Pooja Sisodia		4th	80 mg/dL	
47	Anam Thakur		4th	106 mg/dL	
48	Pawan		4th	102 mg/dL	
49	Pragya		4th	97 mg/dL	
50	Deepak		4th	106 mg/dL	
51	Nisha R.		4th	125 mg/dL	
52	Bulbul Malviya		4th yr	99 mg/dL	
53	Nirjala		4th	135 mg/dL	

Sl. No.	Name of Candidate	Course	Year	Random Blood Sugar Level	Remark
54	Uishal Patel		4th	88 mg/dL	
55	Harsh		4th	94 mg/dL	
56	Rohit Malviya		4th	96 mg/dL	
57	Prinya		4th	119 mg/dL	
58	Nikita Shinde		1st	105 mg/dL	
59	Bhola		4th	102 mg/dL	
60	Sunita		4th	119 mg/dL	
61	Deepak Patidar		4th	102 mg/dL	
62	JK Sir	faculty		155 mg/dL	
63	Yashita		4th	105 mg/dL	
64	Shelendra Sir	faculty		125 mg/dL	
65	Humera		4th	95 mg/dL	
66	Uishal Bhat		4th	119 mg/dL	
67	Pooja Rajoreya		4th	129 mg/dL	
68	Zakshi		4th	111 mg/dL	
69	Roshni		4th	111 mg/dL	
70	Anuj		4th	93 mg/dL	
71	Soniya		4th	110 mg/dL	
72	Nikita R.		4th	145 mg/dL	
73	Harshita		4th	137 mg/dL	
74	Saloni		4th	93 mg	
75	Sapana		4th	110 mg/dL	
76	Nisha K.		4th	118 mg/dL	
77	Doli		4th	109 mg/dL	
78	Monika		4th	108 mg/dL	
79	Nikita P.		4th	125 mg/dL	
80	Sheetal		4th	101 mg/dL	
81	Ashwin		4th	109 mg/dL	

Sl. No.	Name of Candidate	Course	Year	Random Blood Sugar Level	Remark
82	Kirti		4th	99 mg/dL	
83	Jassica		4th	96 mg/dL	
84	Nikash		4th	110 mg/dL	
85	Satish		4th	98 mg/dL	
86	Lakshmi		4th	96 mg/dL	
87	Pooja		4th	94 mg/dL	
88	Sandeep		4th	98 mg/dL	
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99					
100					


Principal,
 Amaltes Institute of
 Nursing Sciences
 Bangalore, Davangere